SBIRT in Colorado



No-Cost Training and Technical Assistance

SBIRT: SCREENING, BRIEF INTERVENTION, AND REFERRAL TO TREATMENT IS AN EVIDENCE-BASED EARLY INTERVENTION TO PREVENT ALCOHOL AND DRUG USE PROBLEMS IN ADULTS AND ADOLESCENTS.

Online Training

- Short overview of SBIRT, plus interactive simulations to practice SBIRT in adults and adolescents
 - Certificate upon completion
- Continuing education credits for physicians, nurses, and social workers
- Available on demand
- ♦ Total time to complete: 1-2 hours
- Access the training here: <u>pas.kognito.com</u>
- Access our public awareness campaign, One Degree, here: www.shifttheinfluence.org

In-Person Skills-Based

- Two training sessions per RCCO region each year
- In various locations in each RCCO region
- For all types of professionals and staff from health care and community-based organizations
- Training covers:

Overview of alcohol and drug use and health

- ♦ Prevention using SBIRT
- Otivational interviewing skills

Technical Assistance (TA)

For clinics, hospitals, and other organizations. TA can be provided by phone, email, or in-person.

- Workflow
- Reimbursement for SBIRT
- SBIRT in specific populations: women, adolescents, and older adults
- SBIRT for marijuana use
- SBIRT for safe medication prescribing

- Tobacco cessation
- Staff coaching on motivational interviewing
- Treatment of alcohol and drug use disorders
- Using technology to support implementation
- Developing SBIRT champions and trainers for your organization

FIND SCHEDULED SBIRT TRAININGS, **RESOURCES, CLINICAL TOOLS, AND** MORE:

www.SBIRTcolorado.org

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