



#### **Background and Introduction**

- In 2016, the American Board of Medical Specialties (ABMS) recognized Addiction Medicine as a new medical subspecialty of The American Board of Preventive Medicine (ABPM)
- Physicians certified by any of the 24 ABMS Member Boards can now apply for certification through the exam administered by the ABPM
- ABMS recognition of addiction medicine as an official medical subspecialty has been a decade long journey. An addiction medicine exam was
  offered initially by the California Society of Addiction Medicine, then by the American Society of Addiction Medicine (ASAM), and most recently
  by an organization spun off from ASAM, the American Board of Addiction Medicine (ABAM). ABAM certified their final round of diplomates in 2015
- ABPM offered its first addiction medicine certification exam in 2017 and in December 2018 determined MOC requirements
- In 2016 the AOA offered AOA-active board-certified physicians who are also ABAM diplomates a process to attain an AOA subspecialty certification in Addiction Medicine (CAQ). The AOA is investigating the restoration of a certification pathway which would provide an opportunity to obtain AOA certification in the sub-specialty of Addiction Medicine. For more information visit https://www.aoaam.org/
- Growing and supporting the addiction medicine field is in a critical transitional period
- As the professional organization for addiction medicine professionals, ASAM is the education resource for certification, recertification and MOC
- The purpose of this guide is to provide you with an update on certification, MOC and available ASAM resources

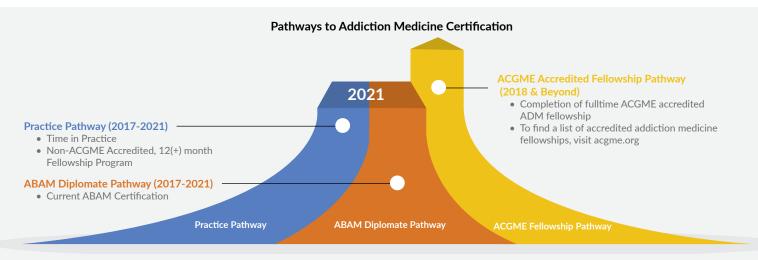
#### Addiction Medicine Certification through ABPM: Three General Requirements for Certification

- Medical License An unrestricted and currently valid license(s) to practice medicine
- Medical Degree Graduation from an accredited medical school in the United States or Canada
- ABMS Member Board Certification Primary board certification is a core requirement\*
- \*ASAM has been working on an option for practicing physicians who lack a primary ABMS Board certification to enroll in a flexible preventive medicine residency program.

  Upon completion of the residency program, physicians are eligible to apply for the ABPM preventive medicine exam. More information about these options coming in Spring 2019

## Pathways to Achieve Addiction Medicine Certification

- Practice Pathway Minimum time in practice or completion of non-ACGME-accredited fellowship training in Addiction Medicine
- ABAM Diplomate Pathway Applicants holding certification by ABAM must meet the medical licensure and ABMS certification requirements to be considered for the Addiction Medicine subspecialty examination. Effective March 2019, ABPM expanded the ABAM Pathway eligibility requirements to include physicians with a lapsed ABMS board certification. This expansion excludes physicians who lost their ABMS board certification due to disciplinary action or who surrendered their medical licenses in lieu of possible disciplinary action
- ACGME-Accredited Fellowship Pathway After 2021, it will be mandatory that physicians complete an ACGME-accredited addiction medicine fellowship in order to be eligible to apply to take the exam



### About the ABPM/ADM Certification Exam

- 2019 exam October 14, 2019 through November 3, 2019, in multiple locations
- Application process open mid-March through July 1, 2019
- Detailed information about the exam, application process, and pathways on www.theABPM.org
- Determine your eligibility: https://www.theABPM.org/am-i-eligible

## **Special FASAM & DFASAM Credentials**

- · ASAM is the only organization offering the credential of Fellow of the American Society of Addiction Medicine (FASAM)
- The FASAM designation can only be used by certified addiction specialists who have been members of ASAM for two or more continuous years
- Eligible addiction specialists are those certified by ABPM, ABAM, AOA or ABPN
- Once the FASAM credential has been conferred, it may only be used by members who maintain their ASAM membership
- ASAM members with the FASAM designation may have the opportunity to be selected for the elite designation of Distinguished Fellow
  of the American Society of Addiction Medicine (DFASAM)
- For more information about FASAM and DFASAM designations go to https://www.asam.org/membership/designations

# ABPM/ADM Maintenance of Certification (MOC)

- Maintenance of Certification (MOC) is the American Board of Medical Specialties (ABMS) board certification process for assessment
  of continuing competencies of physicians and encompasses recertification. All Member Boards of the American Board of Medical
  Specialties must provide MOC programs for their diplomates
- For ABPM diplomates with ten-year, time-limited certificates, completion of the MOC program is required to maintain a valid certificate.
   The components of the ABPM program for physicians certified in Addiction Medicine are summarized on page 3
- Detailed information about the requirements and annual fees are available from the ABPM at https://www.theabpm.org/maintain-certification/

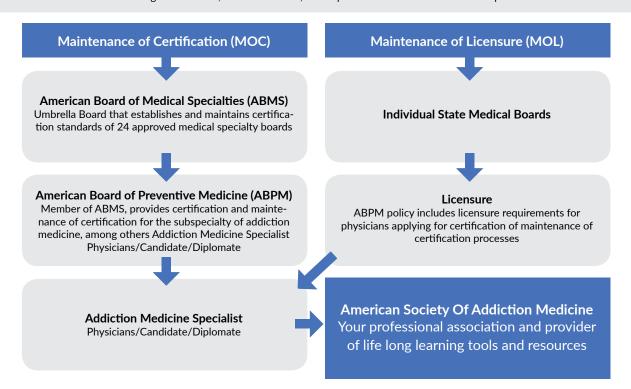
# Addiction Medicine (ADM) MOC Requirements:

In August of 2018 the ABPM announced that it has established an annual Maintenance of Certification (MOC) fee of \$175 for all diplomates certified by the ABPM in the Subspecialty of Addiction Medicine on or after January 1, 2018. Implementation of this fee structure, which includes MOC Part 3 examination fees, eliminates the burden of diplomates being required to make a single, large payment when taking the MOC Part 3 examination. For more information, or to make a payment, visit https://certification.theabpm.org/moc/register/addiction-medicine

MOC Part:	Requirements:
Part 1: Professionalism and Professional Standing	Hold an active, valid and unrestricted medical license in all States, US territories, or Canadian Provinces in which you are licensed to practice medicine
Part 2: Lifelong Learning & Self Assessment (LLSA)	<ul> <li>(i) Earn a total of 250 AMA PRA Category 1 Continuing Medical Education (CME) Credits™ over each Certification Cycle, including a minimum of 100 ABPM-approved Lifelong Learning and Self-Assessment (LLSA) credits</li> <li>Years 1-3: 75 AMA PRA Category 1 CME Credits™, at least 30 of which must be ABPM-approved LLSA activities</li> <li>Years 4-6: 75 AMA PRA Category 1 CME Credits™, at least 30 of which must be ABPM-approved LLSA activities</li> <li>Years 7-10: 100 AMA PRA Category 1 CME Credits™, at least 40 of which must be ABPM-approved LLSA activities</li> <li>(ii) Complete a patient safety course in the first two-years of each Certification Cycle</li> </ul>
Part 3: Assessment of Knowledge, Judgment and Skills	<ul> <li>Take the cognitive exam in the last three years of your certification cycle. You may re-take the test if necessary to pass it prior to the expiration of your certificate</li> <li>The exam will contain similar content to the initial certification exam</li> <li>Note: ABPM announced in August 2018, that it is not necessary to maintain certification in your primary board in order to be eligible to apply for the re-certification exam. This announcement can be viewed in full at https://www.theabpm.org/maintain-certification/moc-news-announcements/</li> </ul>
Part 4: Improvement in Medical Practice	<ul> <li>Complete two Improvement in Medical Practice (IMP) activities. One of the activities must be completed through an activity offered through Preventive Medicine specialty or subspecialty society</li> <li>One assessment is to be completed in the first five years of the cycle and a second in the last five years</li> <li>ABPM is a participant in the ABMS Multispecialty Portfolio Program. Activities completed through the program will be accepted. Learn more about the ABMS Multispecialty Portfolio Program at abms.org</li> </ul>

## Who's Who in MOC, MOL, and LLSA:

ASAM provides quality information and resources to assist members in better understanding and taking the necessary steps toward meeting various CME, Self-Assessment, and Improvement in Medical Practice requirements.



## How Can ASAM Help with MOC?

ASAM is the leading provider of quality information and resources to assist members in better understanding and taking the necessary steps toward meeting various CME, Self-Assessment, and Improvement in Medical Practice.

MOC Part:	Requirements:
Part 2: Part 2: Self-Assessment and CME Resources	<ul> <li>All of ASAM's approved activities are available on the ABPM list of LLSA activities https://certification.theabpm.org/moc/llsa-lookup</li> <li>ASAM e-Learning Center including on demand sessions from:         <ul> <li>ASAM Annual Conference</li> <li>ASAM State of the Art Course</li> <li>ASAM Review Course in Addiction Medicine</li> <li>JAM Articles: https://elearning.asam.org/JAM</li> </ul> </li> </ul>
Part 4: Improvement in Practice	ASAM is developing a new patient safety course and Improvement in Practice activities for addiction specialists. Available Fall 2019

## ASAM is the leader and single best source of certification and MOC resources for addiction medicine

Take Advantage of Your ASAM Member Benefits and special member rates for Exam Preparation, MOC, and Lifelong Learning including, but not limited to the following:

#### Principles of Addiction Medicine, 6th Edition (New)

This textbook provides core knowledge in the specialty field by blending underlying scientific principles with practical essentials of clinical management

## **Essentials of Addiction Medicine, 3rd Edition (New)**

A quick reference to all addiction topics and a summary of ASAM's landmark Principles of Addiction Medicine textbook

## Board Exam Study Tool (BEST) (New) - 12 hours ABPM/ABAM and ABIM MOC- Coming in May 2019

A NEW, dynamic online tool offers users different learning modes in an engaging, self-paced format to review study resources and 700 board-style questions

### The ASAM Review Course 2019 - 20.5 hours ABPM/ABAM and ABIM MOC

The essential two and a half day primer for physicians in addiction medicine

### e-Learning Center Resources

The online portal for hundreds of hours of ASAM's diverse and comprehensive educational offerings, available on-demand 24/7

Journal of Addiction Medicine (JAM) Articles (New) – 1 hour per article ABPM/ABAM and ABIM MOC- Free to ASAM members! Journal MOC for editors' picks for best of the best

## Treatment of Opioid Use Disorder Course - 8 hours ABPM/ABAM and ABIM MOC

Covers medication treatments for opioid use disorders and provides the required education needed for physicians to apply for the waiver to prescribe buprenorphine, available live and online

#### ASAM 50th Annual Conference - 20+ live, 60+ online hours ABPM/ABAM and ABIM MOC

The premier conference in the addiction field on the latest science practice, and innovations in addiction medicine

#### More Exam Preparation, Certification, and MOC Resources:

- ASAM's Board Exam Preparation resources https://elearning.asam.org/examprep2018
- ASAM's MOC Courses and Journal Articles https://elearning.asam.org/abpm-moc
- ASAM's publications including exam preparation texts https://www.asam.org/resources/publications

Note: ASAM is not a certifying board, and members are encouraged to contact their respective boards for the most up-todate information on individual MOC requirements, i.e. your ABPM physician portal.