

AzSAM News

The News of Arizona Society of Addiction Medicine

August 29, 2008

Letter from the President

A Professional's Palette to Addiction Medicine



Fall 2008 Conference

Colleagues and friends, please plan on joining us at the beautiful Arizona Biltmore Resort & Spa in Phoenix for this year's AzSAM Fall Conference. Beautiful architecture and 5-star service is the perfect setting to discover

the right mix and latest techniques in the art of addiction medicine.

This year our featured presenter, Michael Carlton, MD, will enlighten us on the new advances in the evaluation and treatment of medical comorbidities of addiction. We will also hear from some of the top names in the Arizona field including Gerald Harris, DO on new advances in the treatment of nicotine independence; Anthony Dekker, DO on the challenges of using buprenorphine; Jeffrey Livovch, MD on the evaluation and treatment of chronic pain in patients at risk; and attorney Cal Raup discussing medico-legal issues in addiction medicine in Arizona, just to name a few.

This year's theme – A Professional's Palette to Addiction Medicine will offer an in-depth look at pertinent clinical topics as well as practical information. The majority of the presentations are for CME credits. We will also have two panel discussions where your specific questions will be answered.

For evening fun, on Friday we will have our awards banquet to recognize our colleagues followed by our featured presenter. This event will give you a chance to unwind and enjoy engaging dialogue with colleagues and friends while enjoying a wonderful dinner.

Whether you're new to the field, on a quest for new information, or simply wanting to deepen your understanding of addiction medicine, we invite you to join us at the Arizona Biltmore to discover the right mix and latest trends in addiction medicine. If you register prior to September 7, you can save. Click here for registration and the full conference agenda. www.az-asam.org

In Best Health,
- Steven C. Boles, DO, FASAM

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Calendar of Events

- ★ A Targeted Approach to Acute Pain Management Associated with Minor Sprains, Strains and Contusions
Steven Boles, DO
AzSAM BOARD MEETING
WILL FOLLOW

Sponsored by:
Alpharma Pharmaceuticals
September 11, 2008
6:00 PM
Vincent's On Camelback
3930 E. Camelback
RSVP with event code
135358 to:
866-620-9892 or to:
www.imscevents.com/flexregistration

- ★ The AzSAM Fall Conference
A Professional's Palette to
Addiction Medicine

Friday & Saturday
September 26-27, 2008

Membership Update

Tell Your Colleagues About AzSAM!

In June we launched our first-ever Membership Drive, and it is a major effort as we approach the conference. We received many inquiries from non-physicians in the field interested in membership. It is our hope to someday open up membership to all those who are positively affecting the field of addiction medicine, however national by-laws dictate only physicians are eligible for membership. While our chapter is lobbying for this change, we encourage and welcome those currently not eligible to join us at our monthly meetings and Annual Conference as they are open to non-members. Please click here for more information. www.az-asam.org

We still need more new members to achieve our goal, so we are asking every member to recruit one additional member. By doing so you will receive a FREE copy of "The Principles of Addiction Medicine" by Allan W. Graham and Terry K. Schultz. This book sells for nearly \$180.

Remember, with a membership to AzSAM you receive:

- Monthly networking opportunities
- Educational seminars
- Quarterly newsletter
- Discounted rate to the AzSAM Annual Conference
- The opportunity to give back to the community
- Promote the field of Addiction Medicine

To register as a new member, the member just needs to log on to www.asam.org and click on the "Member Center."

Member Profile



Carlos J. Carrera, MS, MD, FAPA

Dr. Carrera is a native of Puerto Rico and began his career as a marine biologist for the Department of Natural Resources for the Commonwealth of Puerto Rico. He has a passion for both medicine and marine biology and enjoys the similarities between the two. As he was accepted into both medical school and a Ph D program for marine science, he chose to attend medical

school.

Dr. Carrera is a graduate of Ponce School of Medicine in Puerto Rico and completed his psychiatry internship at Boston University. Dr. Carrera stayed in the area and worked for some of the areas prestigious psychiatric facilities such as Community Care Services,

Arizona Biltmore
For more information:
www.az-asam.org

ASAM: National News Update

ASAM Annual Conference

Be sure to mark your calendar for ASAM's 40th Annual Medical-Scientific Conference to be held April 30 - May 3, 2009 in New Orleans, LA. This year's conference format will be slightly different and allow for local chapter's to meet and discuss local issues during the day. If you plan on attending please contact Steve Boles so a meeting time and place can be arranged.

Whole Health Campaign

ASAM has joined with more than 40 national organizations to sponsor the Whole Health Campaign, an initiative that calls on the presidential candidates and their parties to make mental illness and addiction an integral part of any health care reform. The Whole Health Campaign, in collaboration with campaign partner Join Together, asks candidates and political parties to recognize the importance of mental health and substance use issues.

We feel it is important that politicians recognize the importance of mind and body care so we urge you to support the Whole Health Campaign. ASAM has developed an easy-to-use online petition to collect signatures and we encourage you to take a few minutes to participate. The campaign will deliver the petitions to both major presidential candidates and political party platform committees later this year. You can learn more about the campaign at www.wholehealthcampaign.org

Inc., Boston Psychiatric Group and Salomon Carter Fuller Mental Health Center, the Martha Eliot Community Health Center, and for the Addiction Services Department of the City of Boston as a psychiatrist and program physician.

He left Massachusetts in 1993 to oversee the Alcohol and Substance Abuse Program at the Gallup Indian Medical Center in New Mexico, then in 1997 went back to Massachusetts where with others he received an Innovation Award for the integration of substance abuse and mental health services. In 2007 he took the position as Medical Officer at the Carl T. Hayden VAHCS. Just recently Dr. Carrera was promoted to Mental Health and Behavioral Science Services Associate Chief of Staff.

Dr. Carrera is also a Board Member-at-Large for AzSAM and has been a chapter member since moving to Arizona in 2007. He joined AzSAM because, "ASAM is at the forefront of addiction treatment and they have done a superb job of encouraging the treatment of addiction illness." At the local level Dr. Carrera recognizes there is a greater need for services than what are being delivered. Through AzSAM he hopes to engage professionals to get involved to expand availability of treatment.

Dr. Carrera is married with four grown children and enjoys spending time with his two championship dogs. she realized "it was a greater power than me that brought me into this field."

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