

## Educational Objectives

- ✓ **Define** risk factors for potential misuse or abuse of prescription medications, and outline a time efficient method of screening for risk.
- ✓ **Select** patients who are appropriate candidates for pain therapy with opioids, including methadone.
- ✓ **Educate** patients about methadone's unique pharmacologic properties, such as its long duration of action and absence of euphoric effect (because lack of knowledge of these characteristics on the part of physicians and patients has contributed to inadvertent overdoses and fatalities).
- ✓ **Follow** a careful, evidence-based protocol for starting patients on opioid analgesic therapy, including methadone, whether from a drug-naive state or in transition from another short- or long-acting opioid analgesic.
- ✓ **Take** appropriate steps to monitor for effectiveness of the medications and to minimize the potential for diversion, abuse, or addiction.

## Continuing Medical Education Credits

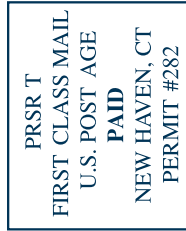
This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the American Society of Addiction Medicine (ASAM) and the New England Chapters of ASAM.

The American Society of Addiction Medicine designates this educational activity for a maximum of 3.5 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

## Faculty Disclosure

As a provider accredited by ACCME, ASAM must ensure balance, independence, objectivity, and scientific rigor in its educational activities.

All faculty participating in an ASAM activity are required to disclose commitments to and/or relationships with pharmaceutical companies, biomedical device manufacturers or distributors, or others whose products or services may be considered to be related to the subject matter of the educational activity. For this program, Dr. Alford and Dr. Parran have indicated that they have no significant interests to disclose.



**Connecticut**  
State Medical Society  
FOUNDED IN 1792

160 St. Roman Street • New Haven, CT 06511-2390

Address Service Requested

## Prescribing Opioids for Chronic Pain

MAY 14 in Connecticut  
or  
MAY 15 in Massachusetts

# Prescribing Opioids for Chronic Pain

WEDNESDAY, MAY 14, 2008  
Crowne Plaza Inn, Cromwell, CT  
or  
THURSDAY, MAY 15, 2008  
Massachusetts Medical Society  
Waltham, MA



Sponsored by

New England Chapters of the  
American Society of Addiction Medicine

In cooperation with

- The Connecticut State Medical Society
- Massachusetts Department of Public Health, Bureau of Substance Abuse Services
- Massachusetts Academy of Family Physicians
- Connecticut Chapter, American College of Physicians
- State of Connecticut Department of Mental Health and Addiction Services
- Lemuel Shattuck Hospital, a Massachusetts Department of Public Health Hospital
- Baystate Medical Center, Springfield, MA
- Connecticut Pain Society

With support from

Center for Substance Abuse Treatment, SAMHSA

## Program Description

Each year, millions of patients are treated for a variety of serious medical conditions with prescription drugs whose therapeutic benefits are accompanied by psychoactive effects. Recent indicators reveal that the misuse and abuse of prescription drugs are rising, and we are faced with the challenge of minimizing the potential for misuse without impeding patients' access to needed medical care. This symposium will provide specific knowledge and skills associated with safe prescribing and will cover areas of epidemiology, legal and regulatory issues, as well as clinical strategies for managing difficult patient situations.

## Faculty

- **THEODORE V. PARRAN, MD, MPH,**  
*Associate Clinical Director, Departments of Medicine and Family Medicine, Case Western Reserve School of Medicine; Cleveland, OH*
- **DANIEL P. ALFORD, MD, MPH, FACP,**  
*Associate Professor of Medicine, Boston University School of Medicine; Medical Director, MASBIRT Program, Boston Medical Center*

### MODERATORS IN CONNECTICUT

- **MARK KRAUS, MD**  
*Westside Medical Group, Waterbury, CT*
- **STEPHEN WYATT, DO**  
*Medical Director, Dual Diagnosis Program, Middlesex Hospital, Middletown CT*

### MODERATORS IN MASSACHUSETTS

- **STEPHEN RYZEWICZ, MD, FACP**  
*Baystate Medical Center, Springfield, MA*
- **KEN FREEDMAN, MD, MBA, FACP, FASAM**  
*Chief of Medicine, Lemuel Shattuck Hospital*

## Dates, Times and Locations

### **Wednesday, May 14, 2:30 pm to 6:30 pm**

Crowne Plaza Inn, 100 Berlin Road, Cromwell, CT 06416, 860-635-2000. Registration begins at 2 pm. Conference begins at 2:30 pm and adjourns at 6:30 pm.

### **Thursday, May 15, 4 pm to 8:30 pm (dinner 5:45 pm to 6:30 pm)**

Massachusetts Medical Society, 860 Winter Street, Waltham, MA. Registration begins at 3 pm. Conference begins at 4 pm and adjourns at 8:30 pm.

## PRESCRIBING OPIOIDS FOR CHRONIC PAIN: USING PEARLS TO AVOID PITFALLS

May 14 in CROMWELL: 2:30 pm to 6:30 pm  
(Registration 2 pm)

May 15 in WALTHAM: 4 pm to 8:30 pm  
(Registration 3 pm)

Problems Seen with Patients Receiving Opioids for Persistent Pain

First Things First: Whether to Prescribe an Opioid

General Pharmacologic Principles About All Opioids

Using Methadone Safely for Persistent Pain

Using Pearls to Avoid Pitfalls

Case Histories Illustrating Clinical "Yellow Flags" and "Red Flags"

When, Why and How to Stop Prescribing Controlled Substances

What are the Alternatives to Prescribing Opioids in the Treatment Plan for Persistent Pain

## Fees

The cost for this program is \$35 for CT, \$45 for MA (includes dinner).

## QUESTIONS?

For CT ASAM, contact **Elisa Daues** at **860-293-3111** or **Elisa.Daues@hdisp.org**

For MASAM, contact **Amy Ruzsa** at **781-434-7314** or **aruzsa@mms.org**

## REGISTRATION FORM

Please type or print

Name \_\_\_\_\_ Degree \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Daytime Telephone \_\_\_\_\_

Email \_\_\_\_\_

**ATTENDANCE IS LIMITED;  
REGISTER EARLY**

Register me for

**WEDNESDAY, MAY 14, 2008, 2:30 pm to 6:30 pm**  
Crowne Plaza Inn, Cromwell, CT — Fee \$35

**PAYMENT CAN BE MADE BY CHECK ONLY.**  
Make the check payable to **CT-SAM**

**MAIL payment with registration form to:**

Elisa Daues, Executive Director  
Connecticut Chapter ASAM  
P.O. Box 88  
Hartford, CT 06141

Register me for

**THURSDAY, MAY 15, 2008, 4 pm to 8:30 pm**  
Massachusetts Medical Society, Waltham, MA  
Fee \$45 (includes dinner)

**PAYMENT CAN BE MADE BY CHECK ONLY.**  
Make the check payable to **MASAM**

**MAIL payment with registration form to:**

Amy R. Ruzsa  
MASAM Society Relations  
P.O. Box 9132  
Waltham MA 02454-9132

